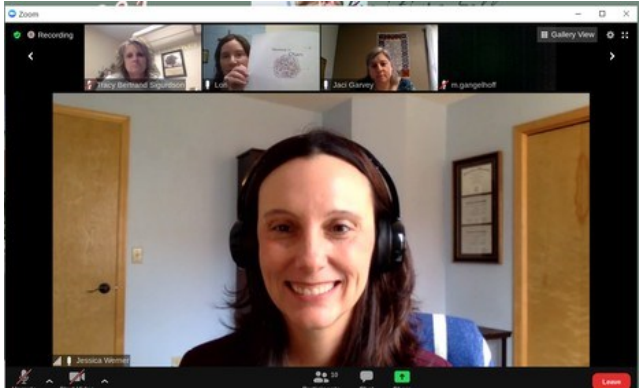




Professional Development Opportunities

Northshore Learning provides relevant, personalized PD opportunities for teachers and schools worldwide.

Workshop Offerings: PK-12



Each workshop can be offered in-person or virtually. Please inquire for pricing and availability

INSTRUCTIONAL EXCELLENCE

Understanding, Teaching, and Motivating Today's Students

Students today are different from our students of 10 or even 5 years ago. In addition to the learning challenges posed by the pandemic, social and emotional needs are high, attention spans have drastically changed, and what motivates students to learn and what will hold their interest is constantly evolving. This workshop will offer a variety of data-driven strategies educators can use immediately to help engage students, which will increase teacher efficacy, while enhancing student motivation and academic achievement.

Growth Mindset in the Classroom

What messages do teachers send students about success and failure? In this session, teachers and administrators will learn practical ways to implement a growth mindset among students, colleagues, and parents. Brain science and the ideas of Dr. Carol Dweck's book "Mindset" will be shared. Your school community can be transformed through increased effort and resilience. This workshop provides an opportunity to transform school culture by encouraging effort and building resilience in those they encounter.



Raising Rigor to Maximize Learning

All students need and deserve work that is developmentally appropriate and also rigorous. This workshop will focus on some aspects of rigor such as: student engagement, evidence of critical thinking, problem-solving, collaboration, oral and written communication, analyzing information, and encouraging creativity.

Exploring Universal Design for Learning (UDL)

This workshop will introduce educators to the key concepts of Universal Design for Learning (UDL) and will provide the knowledge they need to implement UDL strategies in their lesson and assessment design in the classroom. Educators will dive into the why, the what, and the how of UDL and learn how UDL creates more accessible and equitable learning Environments.

College Preparedness in the Post-Pandemic Era

This workshop will include observations of college professors to glean valuable insights into the distinct characteristics of post-pandemic freshmen. What is different about Freshman in 2024 compared to Freshman in 2019? Learn how to empower your current high school students with the skills they need for success in higher education and beyond. From time management to addressing the gaps in social skills, discover practical strategies to enhance college preparedness. Equip yourself with the knowledge and tools needed to guide your students toward a seamless transition into the demands of the post-pandemic educational landscape and prepare students for the challenges and opportunities that lie ahead.

Learning and the Brain: The Science of Pedagogy

How can we help all students achieve academic success? How can we help our struggling students catch up after 2 years in a global pandemic? In this session, teachers and administrators will learn ways to engage students in their classroom and make the information stick. As part of this workshop, the neuroscience of learning will be shared along with concrete ideas for implementing these ideas with both educators and learners alike. Teachers and administrators will leave with strategies that they can immediately implement in their classrooms and in their schools.

**Offered as a 1 hour virtual workshop by Dr. Sherryse Corrow , Professor of Neuroscience*

CLASSROOM MANAGEMENT AND STUDENT BEHAVIORS

Classroom Management: Strategies for Success

Our professional development team has worked with hundreds of teachers in grades PK-12 on improving their classroom management skills and increasing teacher confidence. In this workshop, we will explore the **most** effective strategies and techniques that teachers can implement so that they are able to spend more time facilitating instruction and cultivating student relationships in their classrooms. This workshop is most helpful for school settings that experience mostly low-level student behavior issues, such as disrespect, interruptions, inattention, and reluctance to follow direction

Regulation Before Education:

When a student, parent, or even a colleague is dysregulated it can be derailing to your day. Their intense emotions can cling to you and make it very difficult to stick to your agenda and complete the tasks you have set out to accomplish. As educators, understanding the way the brain functions, and regulates, during times of stress or anxiety, provides critical information to assist us in knowing how to help our students achieve success. Regulation, or emotional regulation, is the ability to understand and adapt one's emotions in order to be able to respond to situations with balance, calm, and control. For both students and adults, it is an essential skill which fosters resilience. In this workshop we will be exploring ways we can get learning back on track with regulation and co-regulation techniques.

INCLUSIVE PRACTICES

Empowering Students to be the Boss of their Brains: Executive Function Skills

Students can underperform when they don't have the tools and strategies required to succeed in the 21st century classroom. By integrating these neuroscience-based practices and strategies into the everyday classroom, teachers can empower all students to understand how to manage their learning and use strategies to strengthen essential executive function skills.

This workshop will inspire teachers to change their perception of obstacles that keep students from engaging in learning and will help educators to develop new ways of thinking about familiar challenges.

Sensory Integration in the Classroom

We know that sensory integration and sensory processing can have a profound impact on student learning, and it is estimated that between **10-16% of the population** has some level of processing challenges. In this workshop we cover the following: defining sensory integration and sensory input, discovering how general education teachers can facilitate basic sensory accommodations, and we will recommend strategies to promote effective collaboration with outside service providers. We will also help you to discern which, if any, additional materials are the best investment in promoting sensory-friendly environments for your school or classroom. (Wobble seats, weighted blankets, headphones, swing, mats, boards, rollers, etc.)



Working with Neurodiverse Learners: Classroom strategies to support all students

In this workshop, educators will explore specific ways to support students with neurodiverse learning profiles. By learning research-backed, strategic insights and strategies and reflecting on their prior experience working with neurodiverse learners, teachers will develop their efficacy to accommodate this student population and help them succeed.

EDUCATOR WELLBEING

It's Hot in Here! How to Cool Down in Times of High Stress

The practice of education is becoming more challenging, and our personal lives are also full as we lead complex, busy lives. In the course of a day, we make thousands of decisions that weigh on us because we take our professional life seriously. Understanding our own Window of Tolerance, based on the work of Daniel Siegel, will help us recognize our triggers, and process intense emotions in a healthy way, so we can effectively and compassionately deal with students, families, and colleagues in intentional ways that build meaningful connection. Participants will leave the session with several tools that can be immediately applied to both personal and professional life to regulate one's self.

Cultivating Resilience: Tools to Enhance Educator Wellbeing

After a year unlike any other, this workshop is perfect way to begin or end the school year. The focus of this training is on positivity and growth and will provide educators with a toolbox of easily implemented strategies they can use to enhance their ability to cultivate resilience, which will in-turn promote teacher satisfaction and wellbeing. Each strategy provided in the training can be implemented in the classroom setting, with students as well.

****This workshop can also be delivered throughout the year as a six-part webinar series***



**PLEASE
INQUIRE FOR
PRICING**

For more information, please contact us directly:
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