

Professional Learning Opportunities:

Creating Calm in the Classroom & Understanding Student Behaviors

At Northshore Learning, we believe in creating learning environments where our students can be most successful, as it pertains to both academic achievement and behavior.

Our approach to classroom management is to help educators understand what the root causes are of student behaviors in the classroom, and to learn a toolset that will set up all students for success. Our workshops draw from current research in:

1 Neuroscience

2 Human Development

3 Occupational Therapy

4 Inclusive practices

5 Psychological safety and trauma-informed practices

6 Social and Emotional Learning (SEL)

7 Pedagogy

We offer the following options, from a 1-hour virtual webinar, to a full-day workshops:

Option I: Regulation Before Education: Understanding Student Behaviors

As educators, understanding the way the brain functions, and regulates, during times of stress or anxiety, provides critical information to assist us in knowing how to help our students achieve success. This workshop will address self-regulation as one of the 5 SEL competencies defined by CASEL, and provide educators with the opportunity to understand and apply regulation skills they can share with their students and colleagues as well.

Training objectives:

- Discuss the connection between self-regulation and student learning potential
- Learn a variety of activities for promoting self-regulation and self-awareness during the school day
- Explain the correlation between adult self-regulation and student behavior and learning
- Engage in opportunities to practice the ability to self-regulate and also co-regulate with students

OFFERED AS A 1-HOUR WEBINAR

*This webinar can stand alone, and we also recommend it as a precursor to the full day, Creating Calm in the Classroom Training



Option II: Empowering Students to be the Boss of Their Brains (Executive Function)

Students can underperform when they don't have the tools and strategies required to succeed in the 21st century classroom. By integrating these neuroscience-based practices and strategies into the everyday classroom, teachers can empower all students to understand how to manage their learning and use strategies to strengthen essential executive function skills.

These workshops will inspire teachers to change their perception of obstacles that keep students from engaging in learning. Teachers will develop new ways of thinking about familiar challenges.

The topics covered in this workshop are:

- Neuroscience behind executive function
- Metacognition and self advocacy
- Multitasking and focus
- Motivating the brain
- Organizational tools and strategies
- Time Management tools and strategies

Offered as a 3-part webinar series or a 1-day workshop



Option III: Creating Calm in the Classroom: Time to Teach Training Day*

Time to Teach is a classroom management philosophy that recovers precious instructional time and improves a school's climate. This program is an evidence-based, highly successful set of classroom management strategies that has recovered thousands of hours of teaching time lost to disruptive classroom behaviors.

Research for the Time to Teach program is based on the work of many current and eminent researchers such as Robert Marzano, Madeline Hunter, and John Wooden. It integrates seamlessly with other popular classroom management systems such as PBIS, Responsive Classroom, and Conscious Discipline.

Participants will cover the following objectives in the training:

- Increasing a teacher's sense of efficacy and self-control in the classroom (SEL based strategies for educators)
- Helping teachers and school staff teach students expectations for routines and procedures (there is a school-wide component to this as well)
- Classroom Ecology- understanding how the physical setup of the classroom, learning spaces, and common areas, influence student motivation and behavior
- Unconditional Positive Regard – An SEL approach to rapport building with students with a focus on community, dignity, and acceptance
- The "Re-focus" model of addressing low-level student misbehavior

This full-day workshop includes up to four textbooks, and it is also eligible for up to three graduate-level credits through Chapman University and the University of Massachusetts.

Graduate Credits Offered

Bonus: We have created a yearlong, school-wide, implementation plan to accompany this training so that school administrators and teachers will leave the training feeling well positioned to implement the program in the school over a twelve-month period.

**Offered as a 1-day
workshop**

Investment:

Please inquire directly for more details.

**Time to Teach is priced per participant*